



“WITH Christ”

24th April 2022

(further reading “With” by Skye Jethani)
John 15:1-8, Proverbs 3:1-8, Ephesians 2:13

Practicing being WITH God

The sense of God’s absence in the day:

- When, today, did I sense being drawn away from God?
- When did I feel most dissatisfied and restricted?
- Was there any time when I felt discouraged?
- What was the most draining part of my day?
- What happened in the lead up to these times? What was my response?
- Where was God in these times?

The sense of God’s Presence in the day:

- When, today, did I feel most touched by the presence of God?
- When events, relationships, thoughts drew me closer to God?
- When did I feel most free?
- What was the most life-giving part?
- What was most joyful?
- Where was God in these times?

(see also the daily ‘Prayer of Examen’ on BCUC website resources page)