# This Sunday @ BCUC

28th July HELP and Hope Psalm 121

9:00am Contemporary, 10:30am Classic : Rev Dr Benji Callen 10:30am Café : Sally Andrew

Lectionary: Hosea 1:2-10; Psalm 85; Colossians 2:6-15 (16-19); Luke 11:1-13

# **Upcoming Week @ BCUC**

Monday 29th July

10:00am mainly music

7:00pm BSF

Tuesday 30th July

9:30am Ladies Table Tennis

9:30am Playgroup

Wednesday 31st July

7:45am Prayer Meeting 9:30am Prayer Meeting

12noon Alpha Course

Thursday 1st August

9:30am Craft, Chat & Sew 12noon Friendship Club

2:00pm Facilities Committee

3:oopm Choir practice

6:oopm Worship & Music Ministry

Saturday 3rd August

7:30am BICC Prayer Breakfast

7:00pm Sri Lankan Christian Fellowship

Sunday 4th August

12noon Prayer Meeting

# Next Sunday @ BCUC

4th August

Getting out of a hole of your own making

Psalm 130

9:00am Contemporary, 10:30am Café : Rev Dr Benji Callen

10:30am Classic : Colette Williams

Lectionary : Hosea 11:1-11; Psalm 107:1-9,43; Colossians 3:1-11; Luke 12:13-21

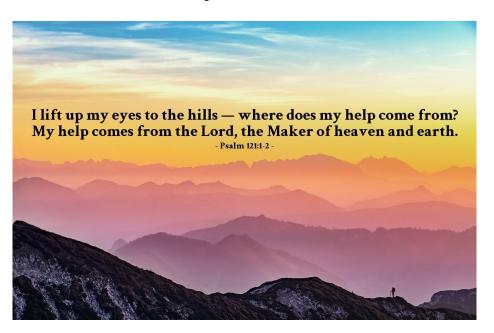
Prayer Requests: prayer@burnsidecityuc.org.au



# Sunday 28th July 2019

#### WELCOME

Please stay for a cup of tea or coffee after the service so that we can get to know each other better.



**Ministry Team Contacts** 

Minister: Rev Dr Benji Callen 0427 792 869; benjic@burnsidecityuc.org.au

 $\mathsf{Day}\ \mathsf{off}: \mathsf{Monday}$ 

Minister in Assoc: Rev Rob Williams 0424 123 171; robw@burnsidecityuc.org.au Administrator: Stuart MacAdam 8331 3914; admin@burnsidecityuc.org.au

Mon - Fri, 9am - 2pm

Ministers are available for Pastoral Care as required.



A Vibrant Community, Committed to Jesus,
Passionately Engaged in Mission

#### A MESSAGE FROM BENJI

Psalm 121 begins with a question "I lift my eyes to the mountains, where does my help come from?". This may seem to us a bit of an odd question. For us living in the Adelaide plains or the sylvan foothills of the Eastern suburbs, the image of looking at mountains may conjure us the majestic snow tipped Austrian peaks from the Sound of Music, or the stunning French Alps we see on late night TV watching the Tour de France. Places that inspire beauty, awe and reverence for God and God's created world. After all, didn't most major biblical characters have some kind of mountain-top experience where they met the Lord?

This is where a little knowledge of the biblical context helps our understanding. Most bibles will give a title to many psalms. Psalms 120-134 have "A song of ascents". Most scholars agree these are a list of pilgrim songs sung by Jews journeying to Jerusalem for the three annual Holy Festivals. The road ascends and goes through mountains. The image then is of the pilgrim looking up at the treacherous road ahead full of perils from narrow winding paths, bandits and wild animals and saying a quick arrow prayer to God... HELP!

I wonder as you look forward into your week, your next month, your next term or the rest of the year, does it make you cry "HELP". The answer then comes as this wonderful reassurance of God's watchful, caring presence. No wonder some Jewish families have a tradition of writing this psalm out and placing in a newborn baby's crib. The message of blessed, watchful, assurance is emphasised throughout scripture. For example these wonderful promises in the book of Philippians 4:

"The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

May we each know the transcendent peace of Christ in our troubles.

#### THIS WEEK'S NEWS & NOTICES

# Breathe: a guided prayer event for Alpha, BCUC & beyond

TODAY, 2-4pm. In the worship space. All members are invited to, and strongly encouraged to take part in this prayer event. Come along and spend some time (as much or as little as you like) in quiet prayer and reflection for the coming Alpha course, for the people and new vision of BCUC, and your concerns in the community and world. There will be some props, music and suggestions to help guide your prayers.

## **Survey Update**

The BCUC Congregation Survey is in progress and so far over 100 people have submitted their surveys. That still leaves a great many of you whose voices have not been heard. Please complete the survey using the emailed link or the paper copies in the foyer.

#### Hizbiz

Men's Fellowship lunch, Marryatville Hotel, 12noon, July 30. Anyone interested in a friendly, caring chat and an opportunity to share stories over a meal is welcome to attend and bring a friend if you wish. rsvp to Rex or Leigh.

# **Regenerating Places of Faith**

At BCUC, Friday August 16. A conference exploring how to strengthen congregations, develop partnerships with community groups, to restore and adapt our church buildings as innovative places that help our communities to flourish. See flyer in foyer carousel for details.

#### Alpha at BCUC

You've heard and seen something of the Alpha program coming to BCUC. It's relevant and vital. A great opportunity to begin and continue a vibrant life journey in God's kingdom! Or perhaps a time to rekindle a connection with Jesus!

Invite a friend, neighbour or family member to come with you to Alpha; starting on Wednesday **July 31** at noon. Sign up today, after church in the foyer!

## Family Fun @5

The next Family Fun@5 is on Saturday **September 14** Book the date!

## **Monday Day Fellowship**

Our next meeting is on Monday **August** 5 at 1:30pm. Our Fellowship is hosting a Community Concern Event supporting the Sammy Di Foundation which is educating both parents and children on the impact of violence and how it may be prevented.

A donation of \$5 is asked in support of this appeal. All members are encouraged to attend and the congregation is most welcome. Afternoon tea will be supplied and has been organised by the committee.

## **Combined Churches Prayer Breakfast**

At BCUC, Saturday August 3 from 7.30am to 9am. You are warmly invited to attend. A light breakfast will be provided. The Prayer Breakfasts include great times of fellowship, worship and intercession. Praying for our PCWs, our school communities, our churches, our district and the nation.

Please e-mail articles for the BCUC weekly news to Stuart MacAdam at admin@burnsidecityuc.org.au no later than 10am on Wednesday